

Psychic Energy Cord Cutting

Bring to mind and name the person...

Say out loud to your energy field

All spiritual contracts and negative incarnation habit patterns that I have endured with this person are now coming to an end.

All fine print that keeps an open doorway into my energy field is now erased. I'm eliminating the fine print that keeps an open doorway to my energy field.

*Describe specific memories where the energy field was violated and Proclaim **This is not allowed! This spiritual contract is coming to an end!***

*Write a story with the experiences with that person or event, identify the contract energy from each event. And then State the event and say **I remove all contract energy, I do not consent.***

All spiritual contracts from each specific event are now removed from my energy field.

You are not allowed to violate my free will in any way shape or form