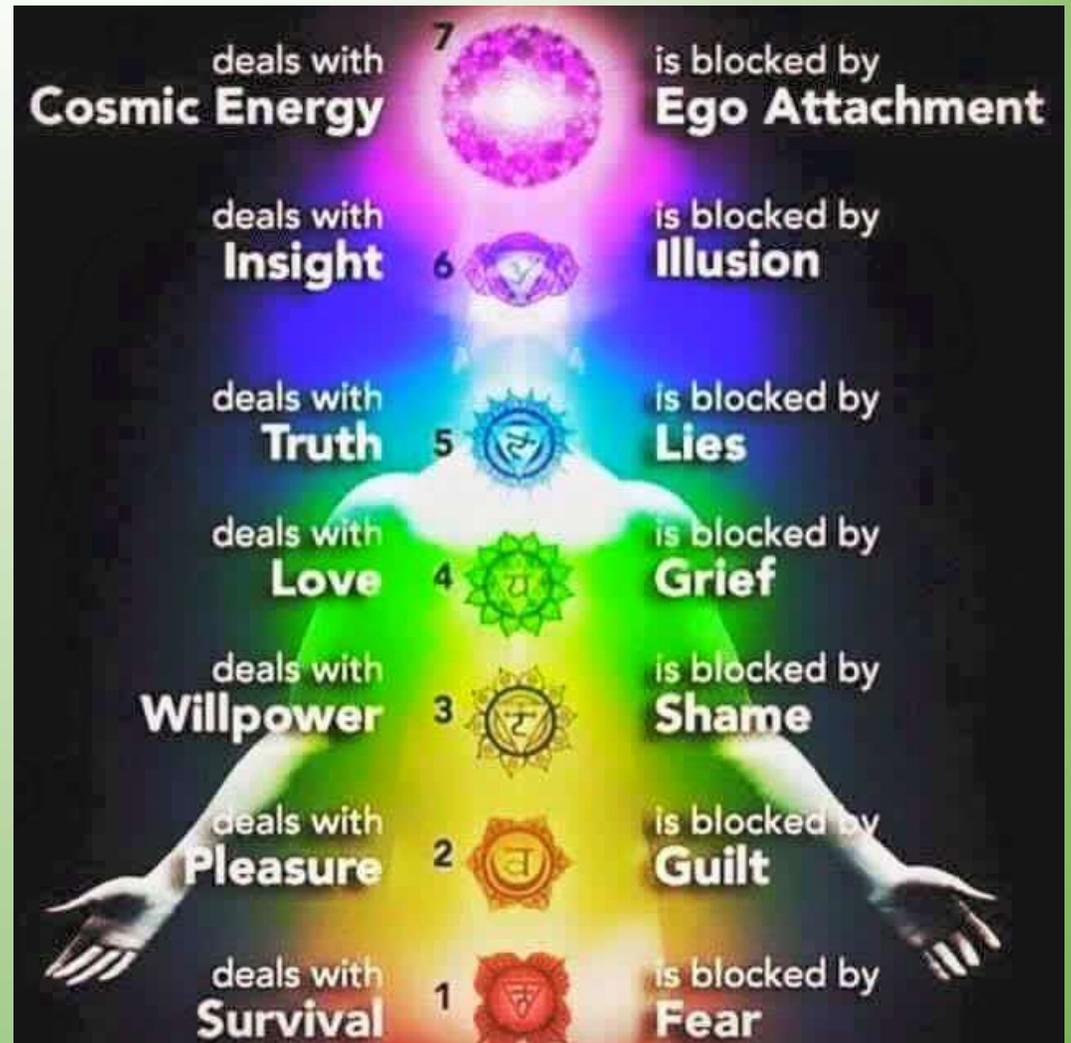


Dreaming From The Heart

Through the Stargate of the 4th
Chakra Lucid Living



The first level, as we are moving up the chakra column, recognizing these are connected to other times, spaces and other identities, we are working to integrate our soul family. These would be our other identities existing on the fourth dimension, which is our heart chakra.



Astral
Body

Dream
Realms

Soul
Family

Higher
Mind

**The heart chakra is connected to the astral and intuitional body.
This is where we start hitting the soul level of our body.**

What is the Soul Body

The soul body is the threefold principle of creative imagination, receptivity and feeling perception and the holds the recorded memories of the life stream of consciousness.

The soul acts as the repository of accumulated memories from the physical or external experiences that are translated into the internal energetic reality of the consciousness of our being.

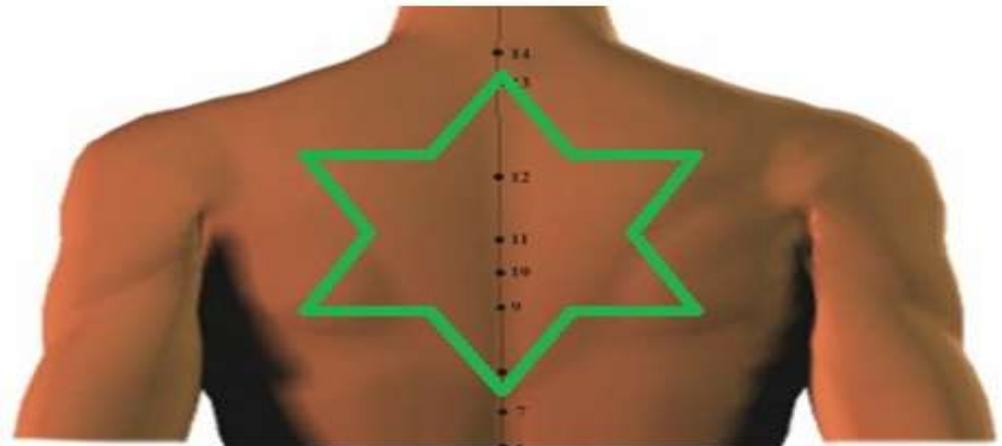
These many lifetimes of experiences are recorded into the soul body which translates into memories that are embedded in the cellular matrix of our body.

We can retrieve these cellular memories through our sensory feelings, such as when we feel empathy for others or by recognizing familiarity in situations, which create higher emotional body resonances in the conscious body. This is connected to our CNS.

Nadial Complex

Etheric Neurological Center

- Nadial Control Panel is located at the back of the heart complex
- Circuitry Board Control Panel to the Neurological Messaging System to CNS and Brain
- Nadial System is the etheric blueprint of the CNS and its instruction set in 4D /Astral layer
- This area can be corrected from alien machinery, implants when the body is receiving inorganic or harmful messaging running programs in the nervous system
- Practice Scanning Procedure- Run Tailbone from back to front channel, scan for weakness
- When noting weakness ask Yes or No to correct Nadial Control Panel
- Use mental focus or say “ Correct Nadial Control Panel”



Without the soul body whole, healed or connected, all of these higher sensory feeling functions will either become distorted or nonexistent, as the quality of the persons emotional experiences and memories are blocked from access inside the body.

The soul is a higher sensory body that allows us to have truly deep emotional experiences such as feelings of empathy, which allow higher emotional states to be experienced, along with continually developing higher sensory abilities.

The soul allows our heart to deeply feel the love of God as a unifying force that exists interconnected with all living things.

Lucid dreaming is a form of mind training in which we learn consciously to recognize our dreams as dreams, while we are dreaming. As with all forms of mind training, the aim is to be more aware and more awake, to switch off the autopilot to wake up to life. To dream lucidly is to live lucidly.

Charlie Morley

Ways To Begin Dreaming or Lucid Dreaming

“Lucid Dreaming makes us kinder in everyday life. It shows us how our mind creates illusion, which allows us to see how other people’s minds do the same.” Charlie Morley

Dream Recall

Dream Diary

Memory Recall – Replace the position your where dreaming in .

Dream Signs

Recurring dreams

Reality Checks

Search for Clues

MILD Mnemonic initiated Lucid dream

1. Recall the dream
2. Set the intent
3. Visualizing lucidity
4. Drop off to sleep or do it again

- Meditation
- Ask for your Dream Guide to come
- Rehearse things in your dream
- Ask Questions, such as how to make something better
- Interact with Archetypes such as Christ, Buddha, or any figure that you would like to meet.
- Ask Big Questions like what is love,
- Walk through walls
- Heal – verbalize, I am healed, or do Morphogenetic work
- Explore
- Do Shadow work, face your fears.

G Center Identity Center – Human Design

GATES OF DIRECTION

Gate 1 - The gate of self expression - the creative - our place in the now , the capacity for creativity

Gate 13 the gate of the listener, the fellowship of man , direction or directing by looking back hearing other peoples secrets

Gate 7, the gate of the role of the self and interaction, the army , direction or directing by looking forward leading by influence

Gate 2 the gate of the direction of the self, the receptive , direction or vision the director or the driver

GATES OF LOVE

Gate 15, the gate of extremes, modesty , love of humanity, embracing different rhythms and extremes of behavior

Gate 10, the gate of the behavior of the self, treading, love of the self, the love of being oneself

Gate 25, the gate of the spirit of the self, innocence, universal love, retaining innocence despite circumstances

Gate 46, the gate of determination of the self, pushing upward, love of the body, determination to follow through